



**Now at your participating NAPA AutoCare Center**, when you buy a regularly priced oil change, \$5 will benefit Rady Children's Hospital. Thanks to a partnership with NAPA Filters and the San Diego Auto Repair Care group, we are providing our support to Rady Children's Hospital. Your routine maintenance can make a real difference.  
**Change Your Oil, Change a Life** at: [www.sandiegoautorepaircare.com](http://www.sandiegoautorepaircare.com)

### **Rady Children's Hospital Caring for Our Region's Children**

Rady Children's Hospital-San Diego is a 524-bed pediatric care facility providing the largest source of comprehensive pediatric medical services in San Diego, southern Riverside and Imperial counties. Rady Children's is the only hospital in the San Diego area dedicated exclusively to pediatric healthcare and is the region's only designated pediatric trauma center. In June 2019, U.S. News & World Report ranked Rady Children's among the best children's hospitals in the nation in all ten pediatric specialties the magazine surveyed. Rady Children's is a nonprofit organization that relies on donations to support its mission. For more information, visit [www.rchsd.org](http://www.rchsd.org) and find us on Facebook, Twitter and Vimeo.

Their outstanding team includes more than 900 physicians and nearly 1,500 nurses on staff, more than 5,100 employees, about 500 active volunteers and more than 1,200 Auxiliary members.

**DID YOU KNOW?**  
**Your Car Has**  
**3**  
**Filters.**  
Air • Oil • Cabin  
Replace All 3 Filters and Receive \$20 Back via Prepaid Visa Card.\*

Did you Know? Your car has THREE filters. Oil, Air and Cabin. Yes, you really do need to change all of them. Have a professional technician at your local NAPA AutoCare Center “San Diego Auto Repair Care” check your air and cabin filter with your next oil change for even bigger savings. For a limited time, when you replace all THREE with qualifying NAPA filters you will receive a \$20 Prepaid Visa Gift Card. In addition, regular servicing helps your car perform better, last longer and get better fuel efficiency.

**Replace All 3 Filters  
and Receive \$20 Back  
via Prepaid Visa® Card.\***

**NAPA AUTO CARE CENTER** **NAPA Filters**

\*Ask your Service Advisor for details. Offer valid September 1 - October 31, 2019.

Visit [www.sandiegoautorepaircare.com](http://www.sandiegoautorepaircare.com) for a location near you for all your automotive maintenance and repair needs.

Service & Repair videos are available on the website:

[www.sandiegoautorepaircare.com](http://www.sandiegoautorepaircare.com) click on **Services** then **Service Assistant**

An [oil change](#) at your local NAPA AutoCare: Sounds simple, but there's some pretty important things to know about **preventing oil sludge**.

Oil eventually starts to turn into jelly. Literally – petroleum jelly. Sludge clogs up oil passages and keeps oil from getting to some areas of the engine, **causing parts to wear out prematurely**. And that means **expensive engine repairs**.

That's why you need to **change the oil and oil filter on schedule** – to get the old oil out before it turns to sludge. Your manufacturer will have a recommendation for how many miles you can go between oil changes. They also usually have a number of months between recommended oil changes. That's because the detergents and other additives in the oil break down over time.

Your owner's manual will have a recommendation for time and mileage, but you need to remember that it's based on using the recommended weight of oil. And if your vehicle came from the factory with [synthetic oil](#), the recommended intervals assume you continue to use synthetic.

Also, how you drive around San Diego can have a big effect. Most owner's manuals will have a list of **driving conditions that are harder on your vehicle**. Things like stop and go driving in San Diego, short trips, driving in hot or cold weather, heavy loads and towing. If some of your driving fits this, you may need to change your oil and do other maintenance on a shorter schedule.

This may sound complicated. Some vehicles in San Diego have an **oil life calculator** that takes all of these factors into account and tells you when you should change your oil. Otherwise, talk with your NAPA AutoCare service advisor about how you drive and get her recommendation for **when to take care of your service**.

Finally, if any of the steering or suspension parts can be lubed, your technician at San Diego Auto Repair Care will take care of that with a [lube, oil and filter service](#).

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